

Routledge

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Exciting New & Forthcoming Titles  
Autumn - Winter 2023



# Welcome

Welcome to our new catalogue showcasing a selection of exciting new and forthcoming titles we think may be of interest to you for an audio project.

For more information, please contact:

**Sarah Davey**

*Rights Sales Coordinator*

Email: [sarah.davey@tandf.co.uk](mailto:sarah.davey@tandf.co.uk)

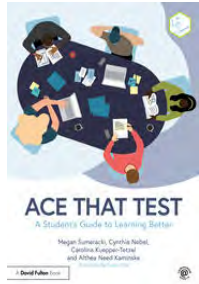
*Prices, publication dates and content are correct at time of going to press, but may be subject to change without notice.*

# Contents

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## Ace That Test

A Student's Guide to Learning Better



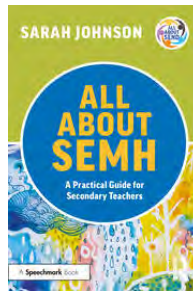
Megan Sumeracki, Cynthia Nebel, Carolina Kuepper-Tetzel, Althea Need Kaminske

This exciting new text reveals the effective study strategies that will help you to use your time more efficiently, ace your tests, and retain information over time. In full colour and accompanied by beautifully illustrated graphics, *Ace That Test* offers evidence-based learning strategies that students can use during their study sessions, including dual coding and the power of retrieving what they know. With QR codes linking to answers to embedded questions and supplemental material, this is essential reading for college, university, and school students as well as educators teaching study skills or learning to learn courses.

Routledge  
July 2023:146  
Hb: 978-1-032-35586-3: £120.00  
Pb: 978-1-032-35585-6: £16.99  
eBook: 978-1-003-32753-0

\* For full contents and more information, visit: [www.routledge.com/9781032355856](http://www.routledge.com/9781032355856)

## All About SEMH: A Practical Guide for Secondary Teachers



Sarah Johnson

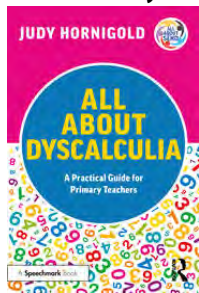
Series: *All About SEND*

This book is an accessible and informative guide for secondary school teachers, designed to increase their understanding of social, emotional and mental health needs and enhance their toolkit with practical, evidence-informed strategies to support children in their care. It unpicks key terminology and debunks myths and misconceptions, enabling teachers to more easily understand some of the challenges for learners with SEMH needs. It then explores a range of key areas and focuses on practical strategies and adaptations that can be made in every classroom. *All About SEMH* is essential reading for all secondary school educators, SENCOs and parents who are supporting children with SEMH needs.

Speechmark  
September 2023:160  
Pb: 978-1-032-22568-5: £14.99

\* For full contents and more information, visit: [www.routledge.com/9781032225685](http://www.routledge.com/9781032225685)

## All About Dyscalculia: A Practical Guide for Primary Teachers



Judy Hornigold

Series: *All About SEND*

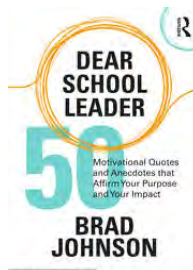
*All About Dyscalculia* is an accessible and informative guide for primary school teachers, designed to increase their knowledge and understanding of dyscalculia and provide practical strategies and advice to build the self-esteem and motivation of learners in their care. The book explores the indicators of dyscalculia, before detailing a range of teaching strategies that will support dyscalculic children and help them to develop their mathematical understanding and resilience. It is essential reading for all mainstream primary teachers and SENCOs, as well as a helpful guide to supporting children with dyscalculia at home.

Speechmark  
July 2023:144  
Hb: 978-1-032-35381-4: £130.00  
Pb: 978-1-032-35382-1: £14.99  
eBook: 978-1-003-32662-5

\* For full contents and more information, visit: [www.routledge.com/9781032353821](http://www.routledge.com/9781032353821)

## Dear School Leader

50 Motivational Quotes and Anecdotes that Affirm Your Purpose and Your Impact



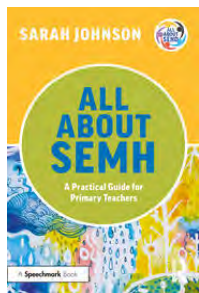
Brad Johnson

In this follow up to the bestselling *Dear Teacher*, motivational speaker Dr. Brad Johnson provides 50 inspiring quotes for leaders, along with stories and practical takeaways, to thank you for all that you do and to help you thrive in your role. Dr. Johnson covers topics such as focusing on your assets instead of your agenda; remembering your purpose; embracing failure; overcoming imposter syndrome and decision fatigue; celebrating the small things; becoming a world class you; and more! The book is perfect to gift to the principals and other administrators in your life, or for your own nightly reading as you reflect on the day.

Eye On Education  
July 2023:124  
Hb: 978-1-032-31134-0: £120.00  
Pb: 978-1-032-28823-9: £18.99  
eBook: 978-1-003-30821-8

\* For full contents and more information, visit: [www.routledge.com/9781032288239](http://www.routledge.com/9781032288239)

## All About SEMH: A Practical Guide for Primary Teachers



Sarah Johnson

Series: *All About SEND*

This accessible and informative guide for primary school teachers is designed to increase their understanding of social, emotional and mental health needs and enhance their toolkit with practical, evidence-informed strategies to support children in their care. It unpicks key terminology and debunks myths and misconceptions, enabling teachers to more easily understand some of the challenges for learners with SEMH needs. It then explores a range of key areas and focuses on practical strategies and adaptations that can be made in every classroom. *All About SEMH* is essential reading for all primary school educators, SENCOs and parents who are supporting children with SEMH needs.

Speechmark  
September 2023:142  
Hb: 978-1-032-22566-1: £130.00  
Pb: 978-1-032-22565-4: £14.99

\* For full contents and more information, visit: [www.routledge.com/9781032225654](http://www.routledge.com/9781032225654)

## From EdTech to PedTech

Changing the Way We Think about Digital Technology



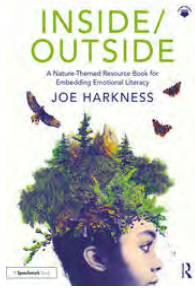
Fiona Aubrey-Smith, Peter Twining

Aimed at teachers and leaders looking to create greater impact on teaching and learning through the use of digital technology in schools, *From EdTech to PedTech* translates research on the effective integration of digital technology in education into relevant, accessible and practical guidance for teachers and school leaders. This much-needed handbook bridges the gap between knowing 'what works' and knowing how to make it work for you and your learners. This engaging research-informed guide is an essential resource for any school leader or classroom teacher looking to maximise the value and the learning impact of digital technology in their school.

Routledge  
August 2023:198  
Pb: 978-1-032-34349-5: £19.99

\* For full contents and more information, visit: [www.routledge.com/9781032343495](http://www.routledge.com/9781032343495)

## Inside/Outside: A Nature-Themed Resource Book for Embedding Emotional Literacy



Joe Harkness

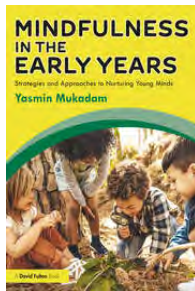
Inside/Outside is a unique resource for those working with young people of secondary school age, providing a variety of indoor and outdoor lessons and activities to promote and embed emotional literacy. The book is divided into three sections: emotions and feelings; self and situation; and mental health and wellbeing. The inside activities inspire students to self-reflect and develop empathy, and those outside draw on nature and learning outside the classroom. Focusing on equipping students with tangible skills to support them in the recognition, identification, and expression of their emotions, this book is a valuable resource for teachers, youth workers and home-educators.

Speechmark  
September 2023:142  
Pb: 978-1-032-36444-5: **£19.99**  
eBook: 978-1-003-33198-8

\* For full contents and more information, visit: [www.routledge.com/9781032364445](http://www.routledge.com/9781032364445)

## Mindfulness in Early Years

Strategies and Approaches to Nurturing Young Minds



Yasmin Mukadam

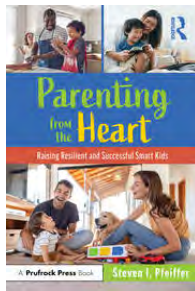
This book is an accessible companion for all Early Years Practitioners to explore how mindfulness can be integrated into an Early Years learning environment. It presents topical theory and research, giving practical advice on using mindfulness as an everyday pedagogical tool to improve the emotional wellbeing of children, families and staff members. This delightful book will be a source of inspiration for Early Years Practitioners, Early Years Teachers, and those who are interested in introducing and embedding mindfulness into Early Years practice.

Routledge  
November 2023:168  
Hb: 978-0-367-14206-3: **£105.00**  
Pb: 978-0-367-14208-7: **£19.99**

\* For full contents and more information, visit: [www.routledge.com/9780367142087](http://www.routledge.com/9780367142087)

## Parenting from the Heart

Raising Resilient and Successful Smart Kids



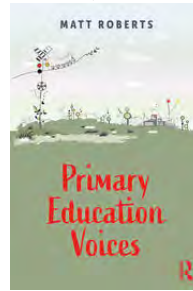
Steven I. Pfeiffer

Parenting From the Heart is a fresh, accessible, authoritative pocket book for helping your gifted, bright, or creative child become resilient and psychologically vibrant, both in and out of the classroom! This book is a must read for all caregivers seeking to get ahead of potential behavioral, academic, and social challenges while building a healthy foundation to become a calm, reflective, and thoughtful parent.

Prufrock Press  
August 2023:130  
Pb: 978-1-032-26204-8: **£12.99**  
eBook: 978-1-003-28707-0

\* For full contents and more information, visit: [www.routledge.com/9781032262048](http://www.routledge.com/9781032262048)

## Primary Education Voices



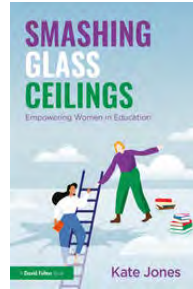
Matt Roberts

Over the past two years, the Primary Education Voices podcast has welcomed dozens of inspirational educators with a variety of roles across primary education to share what they are passionate about. This book gives some of these educators the chance to discuss their ideas, research and reflections in a more in-depth manner to help the reader reflect more deeply about their own practice. These ideas and insights will be essential to all who work within the primary sector including trainees, early career teachers, middle and senior leaders as well as all those who support and consult with these individuals who seek to change and improve their practice.

Routledge  
October 2023:182  
Pb: 978-1-032-30891-3: **£16.99**

\* For full contents and more information, visit: [www.routledge.com/9781032308913](http://www.routledge.com/9781032308913)

## Smashing Glass Ceilings: Empowering Women in Education



Kate Jones

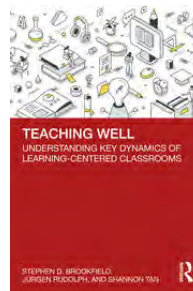
This book will help elevate and excite women across the education sector to become confident, successful and fulfilled in their careers. As well as providing a wealth of advice about leadership progression, bestselling author and presenter Kate Jones shares guidance on alternative options to leadership for women in education. Helpful tips and suggestions are presented alongside a wide range of diverse case studies and interviews that shine a spotlight on innovative women, from school leaders to entrepreneurs in education. The book provides advice, guidance and inspiration for all women in education regardless of age, role or experience.

Routledge  
November 2023:184  
Pb: 978-1-032-46196-0: **£16.99**

\* For full contents and more information, visit: [www.routledge.com/9781032461960](http://www.routledge.com/9781032461960)

## Teaching Well

Understanding Key Dynamics of Learning-Centered Classrooms



Stephen D. Brookfield, Jürgen Rudolph, Shannon Tan

What does it mean to teach well? In short, it means a willingness to do anything that helps students learn. Teaching Well investigates the fundamental principle of what teaching effectively entails by exploring the key dynamics of a learning-centered classroom. Based on interviews with renowned scholar Stephen Brookfield, this book covers a wide range of topics – such as classroom democratization, critical thinking and reflection, race and power, and more. A timely text, Teaching Well is the ideal companion for all college and university educators and experienced practitioners across the globe who continue to reflect critically about their teaching practice.

Routledge  
October 2023:222  
Pb: 978-1-642-67473-6: **£31.99**

\* For full contents and more information, visit: [www.routledge.com/9781642674736](http://www.routledge.com/9781642674736)



## The Brain that Loves to Play

A Visual Guide to Child Development, Play, and Brain Growth

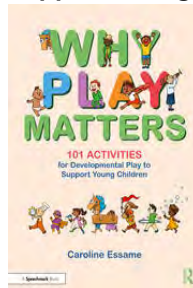


Jacqueline Harding

This delightful visual book provides an accessible introduction to how play affects the holistic development and brain growth of children from birth to five years. Written by a leading expert, it brings current theory to life by inviting the reader to celebrate the developing brain that loves to play and is hungry for sensitive human interaction and rich play opportunities. With opportunities to dig deeper, full colour photographs and a fully integrated companion website, The Brain that Loves to Play is essential reading for all early years students and practitioners and all those with an interest in child development.

Routledge  
November 2023:272  
Pb: 978-1-032-31439-6: **£24.99**  
\* For full contents and more information, visit: [www.routledge.com/9781032314396](http://www.routledge.com/9781032314396)

## Why Play Matters: 101 Activities for Developmental Play to Support Young Children



Caroline Essame

Grounded in evidence-based practice, this book inspires and informs readers to understand play, and offers ideas and practical activities to use with the children in their care. Drawing from the holistic and inclusive model of Developmental Play, activities focus on supporting aspects of social, emotional, physical, and cognitive development. Playfulness is fundamental to healthy development and this book shows why play matters, how it works, and why readers should bring play back into children's lives to give them the best start in life for the best chance in life. It is essential reading for early years practitioners, primary school teachers, occupational therapists, and parents.

Speechmark  
October 2023:170  
Pb: 978-1-032-42070-7: **£22.99**  
\* For full contents and more information, visit: [www.routledge.com/9781032420707](http://www.routledge.com/9781032420707)

## The Heart-Centered Teacher

Restoring Hope, Joy, and Possibility in Uncertain Times



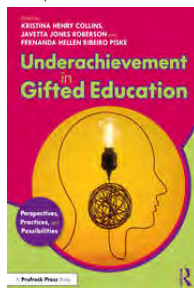
Regie Routman

How do we find hope and possibility in challenging times? How do we bring our truest selves into our teaching and personal lives? In this unique, inspiring book, beloved author Regie Routman artfully blends stories and strategies to show how we can introduce more joy and gratitude in our classrooms and in our lives. Regie invites us to focus on what matters most in our work and in our relationships with those we hold dear. She shares ideas and practical takeaways for teaching, learning, and living.

Eye On Education  
September 2023:294  
Pb: 978-1-032-44550-2: **£22.99**  
\* For full contents and more information, visit: [www.routledge.com/9781032445502](http://www.routledge.com/9781032445502)

## Underachievement in Gifted Education

Perspectives, Practices, and Possibilities



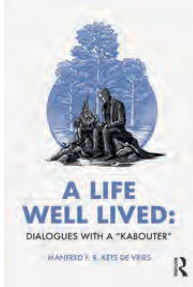
Edited By Kristina Henry Collins, Javetta Jones Roberson, Fernanda Hellen Ribeiro Piske

This book provides an opportunity for researchers, professionals, and practitioners working directly with gifted individuals to engage with and examine the concept of underachievement of highly capable and talented individuals from different perspectives. Expertly blending theory with practice, Underachievement in Gifted Education is a must read for all practitioners, educators of gifted individuals, and researchers seeking more opportunities to help students align how they choose to exhibit their talent and efforts with external and internal expectations, personal interests, and cultural values to reach their maximum potential.

Prufrock Press  
August 2023:252  
Pb: 978-1-032-43283-0: **£26.99**  
\* For full contents and more information, visit: [www.routledge.com/9781032432830](http://www.routledge.com/9781032432830)

## A Life Well Lived

Dialogues with a "Kabouter"



**Manfred F. R. Kets de Vries**

Manfred Kets de Vries wears many "hats"—psychoanalyst, executive coach, consultant, management educator, researcher, writer—but he has noticed that whichever hat he is wearing, every question he is asked boils down to one thing: "How can I live a well-lived life?". This book is one of the most important books he has written for coaches, students, leaders, managers, educators – or anyone seeking a more reflective text to guide them through the multitude of questions that we face in work and in life. He draws on a long literary tradition of the unexpected encounter with a wise "other", to animate an exploration of the deepest questions and concerns of human beings.

Routledge

December 2023:202

Hb: 978-1-032-58250-4: **£130.00**

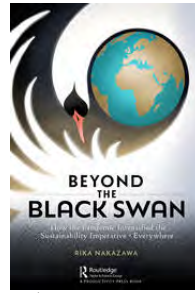
Pb: 978-1-032-59084-4: **£26.99**

\* For full contents and more information, visit: [www.routledge.com/9781032590844](http://www.routledge.com/9781032590844)

## Beyond the Black Swan

How the Pandemic and Digital Innovations Intensified the Sustainability

Imperative – Everywhere



**Rika Nakazawa**

The intent of the book is to tell the stories of how a corresponding White Swan came out of the 3-year period from when the pandemic started -where COVID-19 and the corresponding digitalization of the world have amplified the sustainability agenda in business.

Productivity Press

January 2024:232

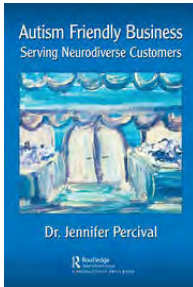
Hb: 978-1-032-61169-3: **£130.00**

Pb: 978-1-032-61168-6: **£32.99**

\* For full contents and more information, visit: [www.routledge.com/9781032611686](http://www.routledge.com/9781032611686)

## Autism Friendly Business

Serving Neurodiverse Customers



**Jennifer Percival**

*Series: Autism Friendly*

This book will provide business owners, leaders, managers, team members, and associates the tools to integrate strategies and techniques that will enhance neurodiversity and inclusion.

Productivity Press

July 2023:166

Hb: 978-1-032-02832-3: **£120.00**

Pb: 978-1-032-02831-6: **£32.99**

eBook: 978-1-003-18540-6

\* For full contents and more information, visit: [www.routledge.com/9781032028316](http://www.routledge.com/9781032028316)

## Business Model Innovation

How it really works



**Staffan Hedén**

This book provides a new framework, based on six central themes with five related success factors each, to enhance opportunities' visibility, contribute to improved margins, increase awareness of a company's unique strengths and weaknesses in overall resources, manage risk, and optimize implementation of a new model throughout an entire organization. Owners, board members, and managers of medium and large companies worldwide, as well as advanced business students, will appreciate this detailed, practical, and clarifying approach to business model innovation.

Routledge

December 2023:188

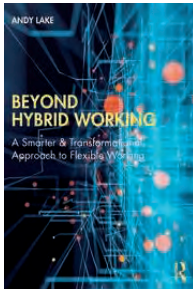
Hb: 978-1-032-51415-4: **£130.00**

Pb: 978-1-032-51414-7: **£31.99**

\* For full contents and more information, visit: [www.routledge.com/9781032514147](http://www.routledge.com/9781032514147)

## Beyond Hybrid Working

A Smarter & Transformational Approach to Flexible Working



**Andy Lake**

Much more than a book about flexible working, this is an engaging and practical management book to help organisations rethink all aspects of traditional work in the emerging post-pandemic landscape and reap the benefits from working smarter. It sets out a strategic, comprehensive and integrated approach to Smart Working in the context of new possibilities for working on a more distributed basis, and the impact of new AI-based technologies coming over the horizon. With detailed case studies, the book takes an evidence-based approach covering different sectors and types of work, including more hands-on and site-specific roles, and presents practical techniques for implementing change.

Routledge

December 2023:448

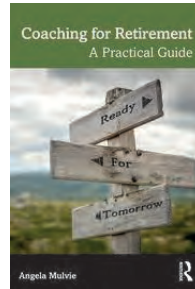
Hb: 978-1-032-26574-2: **£130.00**

Pb: 978-1-032-26578-0: **£31.99**

\* For full contents and more information, visit: [www.routledge.com/9781032265780](http://www.routledge.com/9781032265780)

## Coaching for Retirement

A Practical Guide



**Angela Mulvie**

Retirement represents one of the greatest times of change in our lives. This highly practical book, written for coaches and HR professionals who are supporting others through the process, shows what can be done to help people towards a successful change in their lives and circumstances as they move towards post-employment. Written by an experienced coach (and recent retiree), this book is a comprehensive guide to coaching people towards sound planning for and management of retirement.

Routledge

December 2023:240

Hb: 978-1-032-37316-4: **£130.00**

Pb: 978-1-032-37566-3: **£44.99**

\* For full contents and more information, visit: [www.routledge.com/9781032375663](http://www.routledge.com/9781032375663)

## Creating the Reflective Habit

A Practical Guide for Coaches, Mentors and Leaders



Michelle Lucas

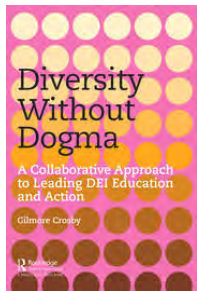
Reflection is a critical skill which can enhance the quality of our professional and domestic lives. This book offers a practical toolkit for creating a sustainable reflective habit, with chapters organised according to processing preference, each containing reflective prompts and exercises. It is an invaluable resource for coaches, helping practitioners, and anyone looking to get their pause button in good working order. Organisational leaders and learning & development professionals will find a suite of tools and materials to help build the reflective practice skill set in their organisation.

Routledge  
June 2023:222  
Hb: 978-1-032-31759-5: **£120.00**  
Pb: 978-1-032-31761-8: **£29.99**  
eBook: 978-1-003-31118-8

\* For full contents and more information, visit: [www.routledge.com/9781032317618](http://www.routledge.com/9781032317618)

## Diversity Without Dogma

A Collaborative Approach to Leading DEI Education and Action



Gilmore Crosby

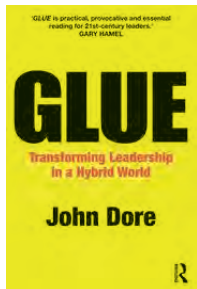
This book uses Lewin's social science to sort through the many approaches to and positions held on race, racism, diversity, and related topics.

Productivity Press  
December 2022:328  
Hb: 978-1-032-37175-7: **£90.00**  
Pb: 978-1-032-37174-0: **£25.99**  
eBook: 978-1-003-33568-9

\* For full contents and more information, visit: [www.routledge.com/9781032371740](http://www.routledge.com/9781032371740)

## GLUE

Transforming Leadership in a Hybrid World



John Dore

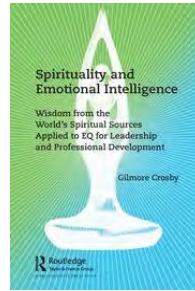
In a world of flexible, remote and hybrid working, how do you create and maintain strong relationships with, and amongst, employees who are often working apart from one another? Leaders need to refocus on harnessing relationships, making their organisations more humane, and finding new ways to engage and unleash talent. To do that, the single, most impactful thing leaders can do is to create and nurture an intangible, yet essential factor called 'glue'. This book shows how leaders can shape the effectiveness of teams, reimagine the workplace, and reinvigorate the business to retain the loyalty of customers through the talents, ideas, and energy of their firm's best people.

Routledge  
October 2023:214  
Hb: 978-1-032-53167-0: **£130.00**  
Pb: 978-1-032-53168-7: **£28.99**  
eBook: 978-1-003-41069-0

\* For full contents and more information, visit: [www.routledge.com/9781032531687](http://www.routledge.com/9781032531687)

## Spirituality and Emotional Intelligence

Wisdom from the World's Spiritual Sources Applied to EQ for Leadership and Professional Development



Gilmore Crosby

This book weaves together spirituality and a systemic version of emotional intelligence that incorporates Kurt Lewin's social science and other sources. Emotional intelligence calls on us to be fully present "to the moment." It calls on us to be appreciative of ourselves and our relationships.

Productivity Press  
August 2021:188  
Hb: 978-1-032-03841-4: **£105.00**  
Pb: 978-1-032-03839-1: **£24.99**  
eBook: 978-1-003-18933-6

\* For full contents and more information, visit: [www.routledge.com/9781032038391](http://www.routledge.com/9781032038391)

## Tech For Good

Imagine Solving the World's Greatest Challenges



Marga Hoek

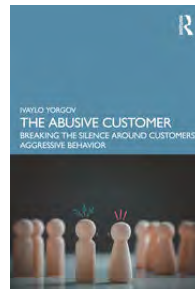
Tech For Good presents a unique perspective on how business can successfully apply advanced technologies in a purpose-driven manner while unlocking new markets and seizing business opportunities. Packed with 75 real-life business cases of companies from all over the world, this inspiring book unfolds how businesses commercially synergize technology and sustainability. The purpose of this book is to imagine the unprecedented possibilities advanced technologies offer business to drive sustainable growth. Tech for Good will be vital for solving the world's greatest challenges.

Routledge  
November 2023:368  
Hb: 978-1-032-49073-1: **£34.99**  
eBook: 978-1-003-39206-4

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## The Abusive Customer

Breaking the Silence Around Customers' Aggressive Behavior



Ivaylo Yorgov

The book's useful tools include a sample anti-customer abuse policy and management process, a cheatsheet of practices that work for handling its consequences, a summary of effective service recovery processes and practices, and abuse-handling training list and curriculum templates. Managers and workers in customer-facing roles, in industries such as retail, hospitality, tourism, banking, and contact centers, will welcome this essential resource as part of their efforts to stop aggressive customer behavior, and improve employee morale, job satisfaction, and engagement.

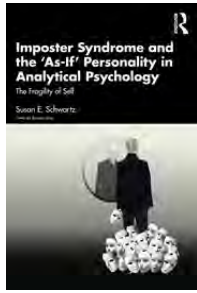
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## Imposter Syndrome and The 'As-If' Personality in Analytical Psychology

The Fragility of Self



Susan E. Schwartz

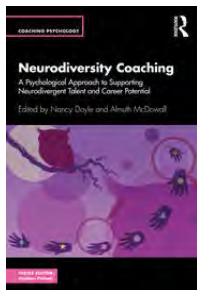
This insightful book explores the 'as-if' personality through the lens of Jungian analytical psychology, illuminating how the same forces that can disturb personal development relationally, socially, and culturally are equally an impetus toward expressing and relating with ones more complete self. Using understandable language to interweave various psychoanalytical and philosophical frameworks, Imposter Syndrome and the 'As-If' Personality in Analytical Psychology: The Fragility of Self is both accessible to general readers and highly relevant to professional analysts, therapists, clinicians, and social workers.

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## Neurodiversity Coaching

A Psychological Approach to Supporting Neurodivergent Talent and Career

Potential



Edited By Nancy Doyle, Almuth McDowall  
*Series: Coaching Psychology*

Neurodiversity Coaching demystifies the themes and assumptions affecting neurodivergent coachee experiences at work, whilst at the same time exploring the necessary safeguards required for working with this vulnerable group. Neurodiversity Coaching will be suitable for independent coaching practitioners and internal organisational coaches and managers seeking a coaching approach.

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## No Bullshit Therapy

How to engage people who don't want to work with you



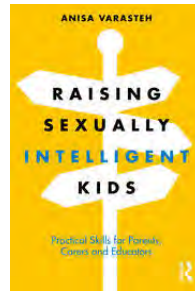
Jeffrey Young

No Bullshit Therapy (NBT) creates a context for mutual honesty and directness in working relationships. Most simply, it is about being authentic.

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## Raising Sexually Intelligent Kids

Practical Skills for Parents, Carers and Educators



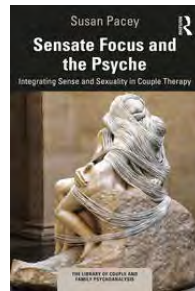
Anisa Varasteh

Many parents feel uncomfortable with the thought of having 'the talk' with their children, especially teenagers. But what many people don't realise is how much of sexuality education has nothing to do with sex itself. Complete with practical support, including over 20 worksheets and a comprehensive list of tough questions from teenagers – and suggestions for how to address them – this book is an essential resource for parents, carers and educators who are responsible for the health, safety and development of children and teenagers.

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## Sensate Focus and the Psyche

Integrating Sense and Sexuality in Couple Therapy



Susan Pacey

*Series: The Library of Couple and Family Psychoanalysis*

Sensate Focus and the Psyche explores in depth both psychoanalytic and psychosexual perspectives of sensate focus, a programme of touching exercises for couples with sexual problems, and in so doing provides an original, integrated model for understanding the conscious and unconscious impact of this tactile intervention on couples in treatment. This book will be essential reading for all psychotherapists who work with individuals, couples and families.

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## Understanding Your Inner Child and Overcoming Addiction

A Recovery Manual and Workbook



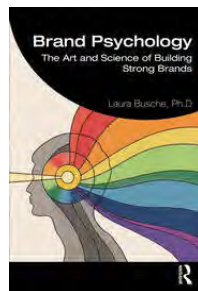
Eddie Capparucci, Nathan Jones

This book provides a comprehensive overview of the Inner Child Model™, a trauma-based approach to the treatment of various addictions including alcohol, drugs, food, gambling, sex, spending, smoking, etc. Research indicates the onset of addiction originates in childhood trauma, mood dysregulation, and attachment disorders. This book addresses each of these issues to assist individuals in overcoming the drivers of addictive behaviors. But more importantly, provides solutions to help those who struggle to learn to manage their addiction. This book is written for anyone struggling with behavioral/substance addiction, their loved ones, and clinicians working in the field of addiction treatment.

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## Brand Psychology

The Art and Science of Building Strong Brands



Laura Busche

Brand Psychology brings together theory and practice from the fields of psychology, design, and marketing to demystify the brand development process. It explores the behavioral science behind brand building, looking at the psychological principles at play whenever a brand is built and communicated. Containing cutting-edge brand-building tools, this book is a must-read for students and practitioners in brand management, marketing, design management, graphic design, business, advertising, and related spaces that aim to craft an identity that turns heads and hearts.

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## The Psychology of Running



Noel Brick, Stuart Holliday

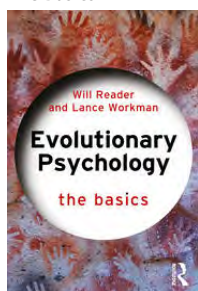
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The Psychology of Running provides a unique insight into why running is such a popular form of exercise and competition. Providing proven psychological strategies and techniques to help improve running performance and boost our individual self-belief, The Psychology of Running shows us how we can enjoy running, no matter our age or ability.

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## Evolutionary Psychology

The Basics



Will Reader, Lance Workman

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## The Psychology of the Teenage Brain



John Coleman

*Series: The Psychology of Everything*

The Psychology of the Teenage Brain offers all those involved in teenagers' lives insight into what's happening in their brains and how understanding this can improve relationships and communication at this crucial stage. Written for all parents and caregivers, this book will help with the challenges of having a teenager in the home. It also offers crucial understanding for all students and practising professionals in the fields of social work, counselling, health and education working with teenagers.

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Robbie Duschinsky, Pehr Granqvist, Tommie Forslund

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What do we actually mean by 'attachment'? How do different caregiving styles impact attachment in children? How do early caregiving experiences impact later development? The Psychology of Attachment is an essential introduction to attachment, offering an accessible explanation of the theory, unpicking common misunderstandings, and providing a balanced overview of key research findings. This unique book introduces the reader to new ways of thinking about the role of relationships, caregiving, and child development, and the way in which they shape our lives.

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## The Psychology of Travel



Andrew Stevenson

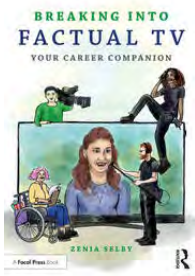
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Why do we travel? Are holidays good for our health? What are the social and psychological factors that drive us to move? By asking what drives us to journey and offering key insights into the psychological factors behind different kinds of travel, The Psychology of Travel introduces the reader to new ways of thinking about global mobility and movement.

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## Breaking into Factual TV

Your Career Companion



Zenia Selby

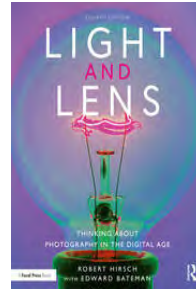
Successfully entering the TV industry can be difficult to navigate. Breaking into Factual TV will guide you through the process from how to get your first job to how to make it at the top. The book is ideal for emerging professionals and graduates of television courses looking to take their first step in the TV industry. Additional online resources such as networking spreadsheet templates, shoot checklists, script templates, writing guides, and lighting guides are available to download and use.

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Thinking About Photography in the Digital Age



Robert Hirsch

The latest edition of this pioneering book allows students to acquire an essential foundation for digital photography. Fully updated, it clearly and concisely covers the fundamental concepts of imagemaking, how to use digital technology to create compelling images, and how to output and preserve images in the digital world. Exploring history, methods, and theory, this text offers classroom-tested assignments and exercises from leading photographic educators, approaches for analyzing, discussing, and writing about photographs, and tools to critically explore and make images with increased visual literacy.

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## Disabled People Transforming Media Culture for a More Inclusive World



Beth A. Haller

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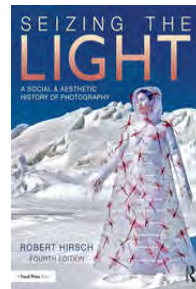
This book tells the stories of disabled people who have been influential in creating modern mass media. This innovative and thought-provoking volume will be an important read for scholars, disability advocates, and students of Disability Studies, Mass Communication/Media Studies, as well as mass media production faculty, disabled people, and their allies

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## Seizing the Light

A Social & Aesthetic History of Photography



Robert Hirsch

Covering major events, practitioners, works, and social effects of photographic practice, author Robert Hirsch provides a concise and discerning chronological account of photography, drawing on influential examples. This fundamental starting place shows a multiplicity of makers, inventors, issues, and applications, exploring the artistic, critical, and social aspects of the creative thinking process. New topics include the rise of AI, mobile and drone photography, surveillance cameras, image manipulation, protest and social justice photography, and the role of social media in photography

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## Film Music

The Basics



Kenneth Lampl

*Series: The Basics*

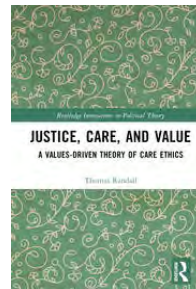
A comprehensive introduction to film music, this book provides a concise and illuminating summary of the process of film scoring, as well as a succinct overview of the rich history of contemporary film music. Written in a non-technical style, this book begins by presenting a brief history of film music from the last 30 years, covering topics ranging from blockbuster franchises to indie film scores. Complete with a glossary of key terms and further reading, this book is an invaluable resource for all those beginning to study film music, as well as lifelong film music buffs seeking to update their understanding of film music.

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## Justice, Care, and Value

A Values-Driven Theory of Care Ethics



Thomas Randall

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In Justice, Care, and Value Thomas Randall advances the radical potential of care ethics as a distinct (and preferable) theory of distributive justice. Topical and interdisciplinary, Randall demonstrates that care ethics has the conceptual resources to ground distributive theories of socialism, territorial and natural resource rights, obligations to future generations, and historic redress. The book will be of great interest for academics, researchers, and students in feminist philosophy, but also in liberalism, global and intergenerational theories of justice, and political economy.

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